

Fourth Grade Guidance I-Can Statements

I can...

Academic

1. communicate that I am capable and confident as a learner.
2. accept mistakes as part of learning.
3. demonstrate the motivation to achieve my potential.
4. find information and support from people that I trust (school staff, family, friends).
5. understand the connection between my social and community activities and success in school.
6. recognize that learning is a lifelong process.



Career

1. use my time effectively to complete tasks.
2. use my time and effort to develop personal interests.
3. describe traditional and non-traditional jobs and relate them to future career choices.
4. understand the relationship between my education and future career success.

Personal / Social

1. develop a positive attitude towards myself as a unique and worthy person.
2. identify my values, attitudes and beliefs.
3. understand that change is a part of growth.
4. understand the importance of respecting personal space and the rights and privacy of myself and others.
5. understand the need for self-control and how to practice it.
6. use effective communication skills including speaking, listening, and non-verbal skills.
7. understand that there are consequences to my actions.
8. use decision-making and problem-solving strategies (e.g. identifying many solutions to a problem).
9. develop coping skills for dealing with problems and life events.
10. know when peer pressure is influencing a decision.
11. demonstrate personal safety skills for crisis and non-crisis situations (e.g. knowledge of personal information, internet safety, when to get help).
12. practice techniques for handling stress and conflict.

(For additional I-Can statements in the personal/social domain please refer to SEB I-Can statements from the Doing Our PARRT curriculum.)