

Fifth Grade Guidance I-Can Statements

I can...

Academic

1. communicate that I am capable and confident as a learner.
2. accept mistakes as part of learning.
3. demonstrate the motivation to achieve my potential.
4. find information and support from people that I trust (school staff, family, friends).
5. understand the connection between my social and community activities and success in school.
6. recognize that learning is a lifelong process.



Career

1. use my time effectively to complete tasks.
2. use my time and effort to develop personal interests.
3. describe traditional and non-traditional jobs and relate them to future career choices.
4. understand the relationship between my education and future career success.
5. explain how work can lead to personal success and satisfaction.

Personal / Social

1. develop a positive attitude towards myself as a unique and worthy person.
2. identify my values, attitudes and beliefs.
3. understand that change is a part of growth.
4. understand the importance of respecting personal space and the rights and privacy of myself and others.
5. understand the need for self-control and how to practice it.
6. use effective communication skills including speaking, listening, and non-verbal skills.
7. understand that there are consequences to my actions.
8. use decision-making and problem-solving strategies (e.g. identifying many solutions to a problem).
9. develop coping skills for dealing with problems and life events.
10. know when peer pressure is influencing a decision.
11. demonstrate personal safety skills for crisis and non-crisis situations (e.g. knowledge of personal information, internet safety, when to get help).
12. practice techniques for handling stress and conflict.

(For additional I-Can statements in the personal/social domain please refer to SEB I-Can statements from the Doing Our PARRT curriculum.)